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Council fears backlash

Budget increase may affect aldermen at ballot box

NEIL MACKINNON
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A potential 25 per cent property tax hike is driving fears over ballot box backlash in the back of aldermen minds.

Thousands of e-mails and phone calls have clogged Calgary's council inboxes and voice mails since the city presented three-year capital and operating proposals a week ago that would see the average city taxpayer dole out at

"I'm going to do what I think is right and I'll deal with the consequences of my actions when that time comes."

Ald. Jim Stevenson

least \$415.90 more by 2011.

Ald. Dale Hodges said council has worked hard to get the hike that high and some will pay the political price for their "incremental overspending."

"There's no two ways about it, some aldermen will be punished at the ballot box," Hodges said.

"It won't be the same backlash across the city and no one has come out and said they're concerned about it, but I know for sure it's in the backs of some people's minds."

Compounded over three years, the proposed 23.3 per cent hike adds up to 25 per cent, said Canadian

Taxpayers Federation's Scott Hennig and Ald. Jim Stevenson said it's up to citizens to render their decision at the next municipal election.

"If I don't get re-elected, fine," said Stevenson, who is among seven aldermen seeking to send the budget back to administration and limit it to one year. "I'm going to do what I think is right and I'll deal with the consequences of my actions when that time comes."

SEE PG 4 FOR MORE COVERAGE.



Daemond Leger, 10, plays football in the snow at Kiwanis Park in Marda Loop yesterday. He was so jazzed his hometown Stamps are on their way to the Grey Cup in Montreal, he had to get out in the white stuff for some gridiron action of his own.

Football **Go Stamps go!**

Seven dead in B.C. island airplane crash

FERNANDO CARNEIRO
Metro Canada

Seven people died when a twin-engine airplane flying out of Vancouver crashed on an island about 90 km north of the city. The lone survivor walked away from the wreckage

with burns and superficial injuries.

Mark Hourie, a water taxi driver out of nearby Secret Cove, spoke to rescuers and said the plane crashed on South Thormanby Island.

"There's a peak it looks like they were trying to avoid, the only tall one on

the island," Hourie said.

"It crashed right in the middle of the island."

There was one survivor, Hourie said.

According to the Joint Rescue Co-ordination Centre in Victoria the survivor was rescued by the Coast Guard on a nearby beach.

The Grumman Goose

amphibious airplane operated by Pacific Coastal Airlines had left Vancouver International Airport at 10:15 a.m. It carried eight people to a Plutonic Power work camp near Toba Inlet where the company is building an alternative energy project.

WITH FILES FROM ROB MCLAUCHLIN

Metro World News Guest Editor Exclusive

James Blunt

Pop singer adds own flair to Metro

British pop star James Blunt is going behind the scenes at Metro today as our first-ever global guest editor. On the eve of his cross-Canada tour, the multimillion-selling singer-songwriter, best known for his hit single You're Beautiful, is providing input in our newsrooms, contributing to our Comment & Views page (pg 12), and focusing attention on Medecins Sans Frontieres, an international medical humanitarian organization (see story at metronews.ca). Blunt also has something to say about online music sites in our Entertainment section (pg 20). "With so much going on in the world right now," Blunt says, "I am looking forward to editing a newspaper, raising the profile of subjects close to my heart and hopefully have a little fun along the way." Visit metronews.ca to learn about Blunt's passion for skiing and his picks on where to hit the slopes, and find out more about what happens when Blunt trades in his guitar for a notepad.



World pg 8

G20 unites for economy

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Wanted man taken into custody

A man wanted in the alleged kidnap and sexual assault case last week was nabbed in a Rundle bar on Friday afternoon. Michael Peter Nadolnick, 41, was taken into custody. **METRO CALGARY**

Local



'Pay what you can' at preview

The Dresser, written by Ron Harwood and directed by Jane Randhawa will preview Nov. 20 at 8 p.m. at the Pumphouse Theatres with admission as a 'pay what you can' donation. The Workshop Theatre production runs from Nov. 21 to 29.

CHUCK

9 Tonight



Citytv

2 hospitalized, 4 arrested in gunfire

INVESTIGATION Four people were arrested yesterday after what police are calling a gang-related shooting in the downtown early yesterday morning.

Two people were transported to hospital with undetermined injuries in the shooting, which happened in the 200 block of 2 Ave and Centre St. N at approximately 1:30 a.m. Sunday.

Investigators believe several people may have witnessed the incident and are looking for those people to come forward with information in this case.

Anyone with information is asked to call the CPS Gang Line at 403-206-8191, or Crime Stoppers at 1-800-222-TIPS (8477) or #8477 on a cellular phone. **METRO CALGARY**

News in brief

STABBING Rostislav Soukonnik, 20, is expected to make a court appearance in Edmonton on Wednesday, charged with second-degree murder in the stabbing death of his 60-year-old mother last week in Edmonton's west end.

METRO CALGARY

metronews.ca
WHAT'S ONLINE TODAY

Watch James Blunt on why he's excited to be Metro's guest editor at metronews.ca/canada

Read Guidy Mamann's column on immigration matters at metronews.ca/live
Watch as Rae and Ignatieff reopen old Liberal wounds at metronews.ca/canada

Lotteries

Friday, Nov. 14
Super 7: 6, 10, 18, 28, 33, 35 & 43 Bonus 17
Saturday, Nov. 15
Lotto 6/49: 8, 9, 12, 16, 19 & 21. Bonus 47
These results are not official.

Body paint Nice and naughty



Serina Carpenter, 25, gets painted by makeup artist Dana Mooney, 25, at the Ace Angels booth set up at the Taboo Naughty but Nice Show at the Roundup Centre over the weekend.

Abuse 'community problem'

KRISTA SYLVESTER
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Mary knows the importance of educating the community on the issue of domestic abuse — she lived through it for 20 years.

That's why she supports such community initiatives as the Calgary police's public seminar last Thursday on family conflict and the law. "Society can play a big role in domestic abuse and it's definitely something

people should be aware that it is going on," Mary said, wishing to withhold her last name.

Mary was married to her abuser for 20 years and said while it started with emotional and mental abuse, it escalated to physical violence and during the last four years became worse.

"I think education and awareness from a young age is crucial because family violence can become a cycle," the mother of four said.

District 5 community liaison officer Const. Sean Lynn

"When the community and society stands up and says 'this is wrong', more people can stand together in the fight against domestic violence."

Const. Sean Lynn

said the seminar on Thursday was meant to coincide with Domestic Violence Awareness Month.

"Domestic abuse is a community problem, not just an individual problem contained to the household," Lynn said.

While domestic abuse numbers are higher in Calgary and Alberta than the rest of the country, Lynn said that could be linked to the fact more Calgarians are reporting the crimes.

"When the community and society stands up and says 'this is wrong,' more people can stand together in the fight against domestic violence," he added.

Man, car survive close encounter with C-train

BROADSIDED A British Columbia man had a close encounter with a C-Train yesterday when the windows of his black Toyota car were shattered, leaving a hefty dint in the passenger side.

The man, who was allegedly talking on his cell-phone around 10 a.m. near the intersection of Deerfoot Trail and Memorial Drive, didn't realize

he was in the middle of the tracks as he awaited a green light until he was broadsided by an east-bound C-Train.

Neither the man nor anyone on the C-Train were in-

jured in the incident.

Traffic and LRT service were delayed in the area for several hours as tow-truck crews hauled the car off the tracks.

METRO CALGARY

Women's leader leaves legacy

NEIL MACKINNON
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FAMOUS FIVE A lover of nature, gardening and the mountains, it was Maria Eriksen's contributions to women's equal rights that ensure she will never be forgotten.

Eriksen, an Order of Canada recipient, psychologist, and co-founder of the Famous 5 Foundation died from cancer last week at the age of 69, leaving a great void in the city's leadership ranks, according to her friend and colleague Pam Krause.

"She was an exceptional person, a mentor to many and she'll be dearly missed," said Krause, the executive director of Calgary's Sexual Health Centre, which Eriksen helped found. "Women like Maria paved the way for all of us in ways that would have never happened without her."

Eriksen helped bring the statue of the Famous 5 to Olympic Plaza, honouring the Alberta women who helped secure a female right to vote, and Krause said her guidance will continue to touch people's lives well into the future.

"She took things that were very controversial at the time head on," Krause said. "She had a tremendous amount of courage."



Maria Eriksen

ShareYourViews

calgaryletters@metronews.ca

Driver error led to death: RCMP
Drayton Valley RCMP believe driver error played a part in the rollover of an oilfield pump truck that killed 27-year-old Bradley Payne of Drayton Valley yesterday. **METRO CALGARY**

Budget battle looms at city hall

NEIL MACKINNON
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It may have all the hallmarks of a scorched earth policy, as city aldermen are promising to leave nothing untouched in the hunt for lower property tax rates.

"There can be no sacred cows," said Ald. Ray Jones. "Nothing can be left alone, including front line emergency services."

Some want to carve into paper costs, trim grass-mowing expenditures, install hiring freezes and cut back an estimated \$50 million in annual consulting expenses.

The entire week at city hall has been allocated to the proposed three-year budget's dissection and Calgarians have a full-fledged five-minute-a-person say today starting at 9:30 a.m.

If the outpouring of frustration at a Saturday open

Budget numbers to chew on

\$11.9B Total amount of the City of Calgary budget.

- \$7.9 billion is the proposed operating budget — or the day-to-day costs of running the city.
- \$4 billion is the proposed capital project budget — infrastructure, such as the new pedestrian bridges

\$164.28 The amount of new annual fees proposed, over and above property tax increases

- Recycling program — \$96
- Garbage — \$48
- Water and sewer — \$20.28



33.5% The proposed tax increase over three years in the preliminary budget numbers put forward to council in February.

- City administration pared the number to 23.3 per cent over three years
- Further reduction proposed late Thursday to 19.5 per cent over three years

130 New firefighters to go along with four proposed new fire halls, as well as 242 new police positions.



"Administration gets paid the big bucks, they can find that three per cent, even if it comes off of their ability to hire more full time staff."

off of their ability to hire more full time staff."

Diane Colley-Urquhart, on trimming the budget.

19.1% The largest-ever one-year tax increase in city council history — proposed by then Alderman Sue Higgins in 1981.

Increases would see average homeowners pay **\$1,350.95** in taxes.

house is any indication, it's going to be a messy week, and Ald. Bob Hawkesworth expects five 14-hour days before the dust settles and the budget is approved.

That is, however, only if it isn't sent back to admin-

istration to find more areas to cut, as a motion by seven aldermen seeks to do, which could delay a final hike number for at least a month.

Also clouding the outcome is the potential for

the budgetary process to be forced back into an every year event and the motion from mayor Dave Bronconnier which seeks to cut out EMS funding and increase the city's dividends from Enmax by \$8

million annually to allow more breathing room.

It's not going to be pretty, but will be politicking at its best.

When administration first brought forward their budget proposal, it called

for a much larger increase and Ald. Diane Colley-Urquhart said if they could cut by nearly 20 per cent, her request shouldn't be hard to come by.

"Administration gets paid the big bucks, they can find that three per cent, even if it comes off of their ability to hire more full time staff," Colley-Urquhart said.

First on the list of hacks should be getting out of unnecessary businesses, said Canadian Taxpayers Federation's Scott Hennig, who thinks Calgary should privatize garbage and recycling collection, give up their golf courses and parking lots and streamline all aspects of what's left.

"Managers are going to tell you they can't find anywhere to cut without drastically hurting service quality," Hennig said. "Call their bluff, give them less money and they'll find ways to deal."

Man in hospital after bike crash

MOTORCYCLE A 24-year-old male was taken to hospital with life-threatening injuries after a motorcycle crash late Saturday.

Police believe the driver lost control of a large sports motorcycle in the westbound lanes of Anderson Rd. on the Macleod Trail overpass, was thrown from the bike and then slid for 50 metres. The roads were wet at the time of the collision, and its not known if alcohol was a factor.

RCMP looking for Moose Jaw man

MISSING A 27-year-old man in Lloydminster was reported missing by his father on Nov. 10.

The father and his son, Aaron Thomas were staying at a local hotel while working in Lloydminster and Thomas failed to return to the hotel.

Thomas is a Caucasian male, 5-foot-6, 170 lbs., short brown hair, brown eyes, with left ear pierced.

METRO CALGARY

Toymaker bringing kids back to basics

NEIL MACKINNON
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April Cote doesn't have the beard or burgeoning belt-line, but in a wee little southwest Calgary workshop, she's got a group of elves hammering away at old school Christmas gifts.

Since September, Cote, a 35-year-old mother of two and co-owner of Kit and Cadoodle Crafts, has been running toy making workshops at the Mid-Sun Community Centre, helping a group of around 15 children create both their own games, stuffed animals and old school toys as well as gifts for family and friends.

"We're trying to take them back to the basics," Cote said. "We're showing them that old-school types of toys are just as much fun today as they were back then."

Cote said the idea arose from her own experiences as a child in a family with



April Cote of Kit and Cadoodle Crafts has put together a little workshop that brings kids and adults back to the joy of making simple toys and gifts for the holidays.

limited income, which drove a necessity to be creative in constructing her own toys.

And as the economic crunch seeps into Calgary homes, Cote said she's seen a massive swell in support

for the program with more calls and participation than she'd expected.

"I think people are realizing that you don't need to spend hundreds of dollars on all these high-priced toys," she said. "Sure

they're fun too, but there's something about helping these kids create their own toys, they have a special attachment to them and they won't wind up tossed in the corner to collect dust or in a dumpster.

Institution closed after assault

INVESTIGATION The Bowden Institution was locked down over the weekend after the assault of a 46-year-old man by a fellow inmate.

The victim was taken by ground ambulance to nearby hospital, then flown to Edmonton where he is now stable.

Red Deer RCMP said a suspect has been identified and the investigation is continuing.

Tories limiting abuse info: NDP

POLITICS The NDP alleges that the provincial government is going to try to limit what victims of physical and sexual abuse can say while in the child welfare system.

NDP MLA Rachel Notley released an internal Conservative government brief that she believes will prevent anyone from using FOIP to get information about abuse that children in care report to the Child and Youth Advocate.

METRO CALGARY

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While a rise in violent iPod robberies has Toronto police warning the public to keep their MP3 players hidden, they also said that another tech-object has become to popular choice targeted by thieves — iPhones. **TORSTAR NEWS SERVICE**

Canada

“Becoming a Hells Angel is not an easy thing.”

Steven Gault, who's now living under an assumed name in witness protection.



Angels trial

Steven Gault continued his testimony for the prosecution against Oshawa Hells Angel president Mark Stephenson and Remond Akleh, of the club's elite Nomads unit, on murder charges. **METRO NEWS SERVICES**

First things first, MPs will vote on Speaker of House

POLITICS Think part diplomat, part scolding parent, hockey referee and schoolyard monitor and you get a taste of the job that's up for grabs when MPs return to Parliament — House of Commons Speaker.

When Parliament resumes sitting tomorrow, one of the first tasks for MPs will be to pick one of their own for the post.

With the job goes the big task of policing the daily question period, a heated 45-minute session of heckling and where partisan politics often boil over in full public view. At least five MPs are expected to give Liberal Peter Milliken, the current Speaker of the House, a run for his money. **TORSTAR NEWS SERVICE**

Parliament set to return

MPs return to Parliament tomorrow for a session that promises to test their partisan instincts and political philosophies.

Prime Minister Stephen Harper, who vowed during the election campaign not to run a deficit, now faces pressure for deficit spending to kick-start an ailing economy.

The Liberals will try to shake off a post-election funk under a caretaker leader until a new party boss is chosen next May.

And with Canadians worried about their pensions and jobs and government revenues battered by the downturn, all 308 MPs are feeling the pressure to be on their best behaviour and curb the partisan antics that poisoned the last session of Parliament.

Throne Speech

- The Throne Speech is expected to highlight the government's intention to accelerate infrastructure spending

and make good on campaign promises to deliver targeted aid to sectors of the Canadian economy.

Whether that spirit of co-operation survives the first question period is an open question, but MPs of all stripes are vowing to give it their best shot.

“I think our entire government is willing to try and do whatever we can to make this next Parliament as productive and positive and collegial as possible,” said Government House leader Jay Hill. That was echoed by Liberal House leader Ralph Goodale, a veteran MP who

says the last session of Parliament was “as nasty” as he has ever seen.

The pledges of goodwill will quickly be put to the test as the government outlines its priorities for the parliamentary session in the throne speech. Harper is being pressured to cancel promised corporate tax cuts and add infrastructure spending by the opposition.



Stephen Harper

TORSTAR NEWS SERVICE

Vancouver Olympic mayor



Gregor Robertson speaks in front of supporters in Vancouver Saturday after winning the city's mayoral election. Robertson, who will be mayor during the 2010 Winter Olympics, focused his campaign on battling homelessness, an issue that threatens to cast the city in a bad light during the Games.

MONICA MARTINEZ/FOR METRO CANADA

Economists call for bank bailout clarity

POLITICS Prime Minister Stephen Harper came away from the emergency G20 meeting in Washington Saturday saying he was ready to boost spending and supports U.S. President George W. Bush's stand against re-regulation of the global economy, and appears to accept only limited, short-term deficit spending.

Moreover, Finance Minister Jim Flaherty argues the “open market system did not fail.”

In recent weeks, Flaherty announced the government would buy \$75 billion in bank debt without strings. Although the finance minister hopes the banks would use the extra

petition

- Recently, the Progressive Economics Forum urged Harper to play an active role in stimulating the real economy of jobs and services through infrastructure spending and income support.

liquidity to reduce borrowing costs and loosen credit, it is merely a suggestion, with no enforcement mechanism. Progressive economists are urging the public to demand more transparency and serious regulatory clout in the Canadian economy in the face of a U.S.-style bailout.

TORSTAR NEWS SERVICE

Grit race stumbles out of gate

POLITICS The Liberal leadership race is off to bumpy start.

With six long months to go before the Liberal leadership convention in Vancouver, events turned messy yesterday when Toronto Centre MP Bob Rae boycotted a leadership

candidate Q&A at a Mississauga, Ont. hotel because it was closed to the public. The debate was included in a weekend meeting of the Liberal Party of Ontario. The two other contenders are Dominic LeBlanc and Michael Ignatieff.

TORSTAR NEWS SERVICE

News in brief

MILITARY It was revealed yesterday that the Canadian military does not track how many of its soldiers are suffering from hearing loss and traumatic brain trauma, two signature

injuries of war.

REUTERS



Watch Canadian soldiers care for Afghan troops after an IED blast at metronews.ca/canada

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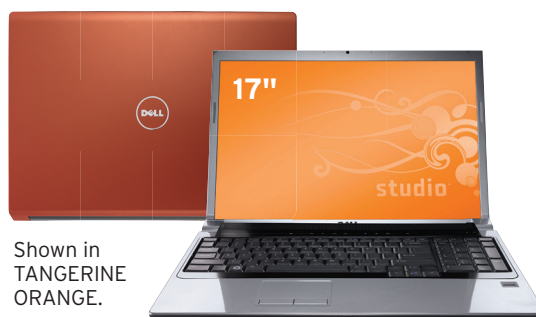
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An Israeli air strike killed four militants in the Gaza Strip yesterday and Prime Minister Ehud Olmert said he had commissioned a plan for military action in the Hamas-run territory if rocket attacks on Israel persist. **REUTERS**

World



Pawn shops booming

Pawnbrokers in the Russian capital of Moscow are enjoying the global credit crunch. Vadim Karashuk, head of Moscow's 16 state-owned pawn shops, says that business is good. "We're lending out more cash now than ever because the banks are giving less credit," he said. **REUTERS**

Leaders unite to fight crisis

G20 looks for ways to tackle the weak global economy

World leaders pledged rapid action on Saturday to rescue a weakening global economy from the worst financial crisis in over 70 years and agreed to give emerging nations more say in running financial affairs.

The Group of 20 leaders from major industrialized and developing countries set out plans to toughen oversight for major global banks, study limits on banker pay and try for a breakthrough by year end in global trade talks — all part of a roadmap to rebuild a financial system crippled by the credit crisis.

"We must lay the foundation for reform to help ensure that a global crisis such as this one does not

"It is the worst crisis in 100 years. But the crisis could be a chance at the same time. History tells us that when we overcome crisis, a new order is created."

Japanese Prime Minister Taro Aso

happen again," they said in a statement after their first-ever summit.

They vowed to make progress before a second summit by the end of April.

President George W. Bush called the meeting, probably his last major economic event before he steps down in January, a success, saying leaders agreed to free-market, pro-growth policies.

"It makes sense to come out of here with a firm ac-

tion plan, which we have. And it also makes sense to say to people that there is more work to be done," he said.

The G20 also called for fiscal stimulus measures, be they tax cuts or government spending, to take "rapid effect," and urged more interest rate cuts.

But they fell short of announcing any new measures or major regulatory breakthroughs, and left it up to individual countries over what actions to take.

G20 support though could bolster efforts in the U.S. Congress to push through a second economic stimulus plan, which is opposed by Bush and backed by his successor. Britain, also heading fast into recession, may unveil tax cuts this month.

G20 warnings on the dangers of inaction were stark. "Economic momentum is slowing substantially in major economies," it said.

"It is the worst crisis in 100 years," said Japanese Prime Minister Taro Aso. "But the crisis could be a chance at the same time. History tells us that when we overcome crisis, a new order is created. We should not be just flustered by the crisis." **REUTERS**

Amnesty Fighting for Zimbabwe



Left to right: Bokani Nleya, Jenni Williams, Tracy Leigh Doig and Magodonga Mahlangu from WOZA (Women of Zimbabwe Arise) pose with their prize before the Amnesty International 5th Human Rights Award ceremony in Berlin yesterday. **JOHANNES FIEBEL/REUTERS**

News in brief

CALIFORNIA Wildfires hopscotched around southern California yesterday although calmer winds slowed flames that have destroyed almost 1,000 houses, forcing tens of thousands to evacuate.

SURVIVAL Psychological group therapy for women with breast cancer may help them not only to cope better with their disease but also live longer, U.S. researchers said today. **REUTERS**



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Food bank demand up, donations down
The economic downturn triggered by the worst financial crisis in decades is sending more Americans to food banks. But the crisis has also cut donations, according to a survey for Feeding America. **REUTERS**

Obama ready for presidency

U.S. President-elect Barack Obama resigned his seat in the Senate yesterday to focus on his transition to the White House, appointing new staff and thanking his home state of Illinois for launching his political career.

"Today, I am ending one journey to begin another," Obama said in a letter to the people of Illinois, de-

Successor

• Obama's successor in the Senate will be appointed by Illinois Gov. Rod Blagojevich, a Democrat.

scribing his job representing them as one of the highest honors of his life.

"I am stepping down as senator to prepare for the

responsibilities I will assume as our nation's next president," he said. "But I will never forget, and will forever be grateful to, the men and women of this great state who made my life in public service possible."

Obama's resignation as senator means he will not participate in this week's post-election session on

Capitol Hill that could address the ailing economy and struggling auto industry.

Obama, who will be sworn in as president on Jan. 20, grew up in Hawaii and spent part of his childhood in Indonesia. He moved to Illinois as an adult to work as a community organizer.

REUTERS

Give reparations, Amnesty tells Uganda

CIVIL WAR Amnesty International accused Uganda's government today of "miserably failing" to care for hundreds of thousands of victims of a two-decade civil war and urged it to grant reparations.

The war between Lord's Resistance Army (LRA) rebels and Uganda saw mass abductions of children, thousands killed by fighting and murder, as well as nearly 2 million people driven from their homes.

"Hundreds of thousands of men, women and chil-

dren ... remain destitute and physically and mentally traumatized due to the government's failure to put in place a comprehensive reparations programme," Amnesty said in a report.

"International human rights law is clear that the obligation to provide reparation to victims rests primarily with the state," said the report, entitled "Left to Their Own Devices".

Ugandan officials were not immediately available to comment.

REUTERS

Afghanistan Car-bomb attack



Afghan police officers look at the wreckage of a car used by a suicide bomber in the western city of Herat yesterday. Two U.S. soldiers were wounded in a suicide car-bomb attack on their convoy in the western city of Herat, a U.S. military spokesman said.

MOHAMMAD SHOAIB/REUTERS

Liberal party launched in Russia

POLITICS Russian liberals launched a pro-Kremlin political party yesterday promising to defend middle class values but rivals said it was just a tool for the authorities to suck support away from genuine opposition groups.

At a meeting in a Moscow hotel leaders of the Right Cause party said they aimed to win seats at Russia's parliamentary election in 2011 under the slogan: "Freedom, property, order".

Tibetans upset at lack of progress

AUTONOMY Tibetans voiced frustration yesterday at a lack of progress in autonomy talks with China, on the eve of a meeting of exiles that could challenge the Dalai Lama's moderate line towards Beijing.

REUTERS

News in brief

DEAL Iceland said yesterday it had reached a deal with several European Union states on how to repay thousands of foreign savers with money in frozen Icelandic accounts, potentially unlocking billions of dollars in aid.

REUTERS

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Comment & Views

Comment

Time to see green in the red

Guest Editor

James Blunt

Artist & Metro World News Guest Editor

This year, I have visited more than 180 cities on my world tour, and wherever I went — from Aberdeen to Auckland — one thing never failed to amaze me: air conditioning. It was blasting at sub-arctic levels in nearly every hotel I stayed, when most times it would

have been just as easy — and better for the environment — to open a window.

To me, hotel air conditioning is a small but telling reminder of the luxuries we have grown so accustomed to in an age of prosperity but could often do without. They are things — like SUVs, or fish caught half a world away or even disposable hand wipes — that barely improve our daily lives but, altogether, are taking a terrible toll on our planet.

So, as we read in newspapers like Metro about the economic slowdown, I wonder if there might be a silver lining in such grim news: The possibility that after a

period of so much consumption, we might cut back a bit on extravagances we don't need, and give our over-worked planet a bit of a breather?

I realize that many people roll their eyes when a celebrity preaches about the environment — or rescuing baby seals, or any other worthy cause. (I don't like preaching, either, and — contrary to what you might have read in the tabloids — I don't think of myself as a celebrity).

As an army officer and a musician, I have had the privilege of seeing some of the planet's natural treasures. Sadly, I have also seen the way that we abuse it by

"You can remind our leaders that the environment should not depend on the stock market."

dropping bombs and building shopping malls.

I don't pretend to be an environmental expert, but I am learning. Before my concerts, we screen a preview of An Inconvenient Truth, the remarkable documentary by former U.S. vice-president Al Gore. (www.aninconvenienttruth.com.au). I am installing solar panels at

home, and for every ticket to one of my concerts sold online, we plant a tree.

I'm a supporter of The Big Ask. It is a campaign by Friends of the Earth to get governments to reduce carbon dioxide emissions — the main cause of global warming. Thanks to them, the European Union is now debating laws that would force members to cut emissions by 20 per cent by 2020. If approved, it would be the most ambitious plan in the world, and just might convince the U.S., China and others to come aboard.

Unfortunately, some politicians are pointing to the economy and saying

that now is not the time to fight global warming. I think they have it backwards: We cannot afford to wait any longer. Global warming is a problem that is only going to get worse, and more costly to fix, the longer we delay. By joining The Big Ask, you can remind our leaders that the environment should not depend on the stock market.

And one more thing: next time you switch on the air conditioning, think about cracking a window open instead.

James Blunt is a British pop singer-songwriter whose hit single *You're Beautiful* catapulted him to fame. He is currently touring Canada.

Views

Support girls' drive for education

By MAXINE CROOK

Horrific news: Two men in Afghanistan sprayed battery acid in the faces of eight teenage girls just because they were heading to school.

Encouraging news: Five days later, from her hospital bed, 17-year-old Shamsia Husainai, her face a mass of excruciating burns and one eye blinded, bravely insists: "I will go to my school even if they kill me. I will continue my studies."

Shamsia shares this yearning for an education with 50 million girls who do not get to go to school.

While it's true that many boys also don't have access

to education, far more girls lose out on this basic human right. If a family must choose which of their children to educate, it's almost always a boy. Some cultures and religions discourage or forbid the education of girls. And girls, no matter how young, bear the burden of daily work at home, fetching water and firewood, looking after siblings, helping grow food.

This is a tragedy not just for the girls, but for the world! Study after study by international big players — the World Bank, UNICEF, Oxfam — all prove that when girls are educated, amazing things happen: poverty drops, the health of



Maxine Crook

families greatly improves, economies grow.

A woman who has even a basic education enrolls her children in school, has them immunized, has fewer children and knows how to keep them healthy. She is more likely to practise family planning, and has a lower incidence of HIV/AIDS.

A girl with education earns more, which gives her a voice at home and in her community. "Ending global poverty begins with women's rights," according to Oxfam. Women's rights begin with education.

Even the cowardly thugs who threw acid on schoolgirls will not be able to stop girls from pursuing an education. Girls know what they are missing, and when

Metro is a proud sponsor of Give Girls a Chance.

they get a chance, they do brilliantly well.

I am a volunteer with Give Girls A Chance (give-girls-a-chance.org), raising funds for projects that educate girls. I have seen their drive, their optimism, their hard work despite the most difficult backgrounds.

I think of Millicent Obiero, 14, an orphan in Kenya who made it from her tiny village to a high school far away, now near the top of her class.

I think of 10-year-old Selma, in Grade 4 in rural Pakistan, who writes: "My father dislikes my getting an education, so I earn my fees cleaning houses after school."

Each of us can help girls like Millicent, Selma and Shamsia by donating to organizations that fund education and women's rights, (e.g. Oxfam, PlanCanada), or Give Girls A Chance, which only funds girls' education.

Maxine Crook is a documentary maker and fund adviser to Give Girls a Chance (give-girls-a-chance.org), a Canadian charity that raises money to educate girls in Canada and around the world.



Shamsia Husainai, 17, lies on a bed at a hospital in Kabul Friday after an acid attack on her last Wednesday in Kandahar, Afghanistan.



Letters

Mick Levin, HALIFAX

Response to the global financial crisis was swift and significant. In contrast, response to the climate crisis has been fragmented and ineffective. This only illustrates that world leaders have the ability to combat climate change in a co-operative way.

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Goldman Sachs execs forgo 2008 bonuses

Goldman Sachs chief executive Lloyd Blankfein and six other top officials asked not to receive bonuses for 2008, the company said yesterday — they will receive only their base pay of \$600,000 US. Last year, Blankfein made \$68.5 million US. **REUTERS**

13

Business

“Everyone is just holding their breath to see how Christmas goes.” Richard Ellert, Harbour Ring's CEO

**Toy trouble**

Hong Kong-based maker of Hasbro and Mattel toys Harbour Ring said this holiday season will be tough, and an outlook in 2009 that could be worse than just a recession.

EDITOR: FERMIN DESOUZA, FERMIN.DESOUZA@METRONEWS.CA

Auto execs in spotlight amid U.S. bailout talks

AUTOS U.S. automakers should consider executive shake-ups if it would ensure congressional backing for a bailout supporters say is needed to prevent industry collapse, an architect of the effort said yesterday.

The statement by Carl Levin of Michigan underscored the difficulty Democrats are having in finalizing a rescue plan of up to \$25 billion US and securing majority support in the Senate, which plans to begin debate on the matter today.

“If it was the difference between getting this kind of support or not, obviously the management should consider resigning,” Levin said on NBC. **REUTERS**

China Wealth gap curbs growth



Workers build a Chinese style bower at a park near a construction site in Taiyuan, Shanxi province yesterday. China's growth prospects are increasingly clouded by a gap between rich and poor that is deterring consumption and dragging down productivity, said a report released yesterday.

Bailouts can't fix lack of 'prime' borrowers

The latest U.S. effort to get more money flowing to consumers assumes that there are plenty of credit-worthy households eager to borrow and spend.

That may not be the case. Rising unemployment and foreclosures are driving more people out of the “prime” credit category, in which banks are still fairly willing to lend. At the same time, consumer confidence has fallen so far that even wealthier people with little trouble getting credit are cutting their spending.

So far, there is little sign that banks that receive bailout money are loosening their grip on cash, much to the frustration of the U.S. government and countries around the world that rely on a

“Capital does not automatically create credit-worthy borrowers.”

Charles Dallara

healthy U.S. consumer to drive economic growth.

Charles Dallara, managing director of the bank lobby group Institute of International Finance, said though banks have billions of taxpayer dollars in hand, it's unrealistic to expect normal lending to resume immediately.

“Capital does not automatically create credit-worthy borrowers,” he said. “It's inevitable that there is a substantial degree of caution built in to lending activities.” **REUTERS**

In brief

RATES Mortgage rates could be falling after Bank of Montreal announced a 5.25 per cent rate on a five-year, fixed-rate loan — 2.25 per cent lower than before.

HOMES The average price of a home was \$281,133, compared with \$312,024 last year.

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Going Green

EDITOR: MIKE DEREZYCKY, MIKE.DEREZYCKY@METRONEWS.CA

Water down the drain

Canadians on average use 343 litres of water each day. Use of water in the average Canadian household: Bathroom (other than toilets – 35 per cent), toilets (30 per cent), laundry (20 per cent), kitchen and drinking (10 per cent), cleaning (5 per cent), according to Greeniology: How To Live Well, Be Green And Make A Difference by Tanya Ha.

B.C. has an identity crisis

ScienceMatters

David Suzuki & Dr. Faisal Moola



If you live in or have visited British Columbia recently, you'll have noticed a campaign to sell the province as "The Best Place on Earth". The government has spent tens of millions of dollars branding the province, and the tag-line for its PR campaign appears to be everywhere.

Those of us who live among the towering mountains, old-growth forests, and pristine lakes and rivers feel we deserve

these bragging rights on occasion. And ecologists tell us that B.C. is blessed with an exceptional diversity of wildlife and wilderness, on par with some of the greatest places on the planet, such as the Serengeti and the Great Barrier Reef.

My home province is Canada's richest region biologically — home to 76 per cent of our nation's bird species, 70 per cent of its freshwater fish, 60 per cent of its evergreen trees, and thousands of other animals and plants. More than 3,800 species are found here, and many of these, such as mountain goat and mountain caribou, live mostly — or only — in the province and nowhere else on the planet. For others, such as the trumpeter swan and sand-



B.C. is now the last safe haven for many large animals.

hill crane, B.C. is a critical wintering ground or stopover in winged migrations that extend over thousands of kilometres.

Most remarkably, unlike most places in North America, B.C. still has all of the large and charismatic megafauna that were present at the time of European settlement, including grizzly bears, wolves, and cougars. Indeed, British Columbia is now the last safe haven for most of the large animals left on the continent. For example, grizzlies still roam, feed, and breed throughout much of the province, whereas in California, this majestic bruin is now only found as an image on the state's flag.

B.C. has a rich legacy to protect, yet the experts tell us that we are squandering our unique biological inheritance. Earlier this year, scientists revealed that more than four dozen species have disappeared

from the province, and the casualty list is growing.

Given the biodiversity crisis that is unfolding in my home province, I'm shocked that the government can claim we're the "best place on earth". We lag behind virtually every other place in North America in providing legal protection for our wildlife. B.C. stands out in Canada for not having an endangered species law, while smaller provinces such as New Brunswick and Nova Scotia have gone to great lengths to legally protect endangered species and their habitat. Take David Suzuki's Nature Challenge and learn more at www.davidsuzuki.org.

Dr. David T. Suzuki is a Vancouver-based award-winning scientist, environmentalist and broadcaster.

Holiday lighting

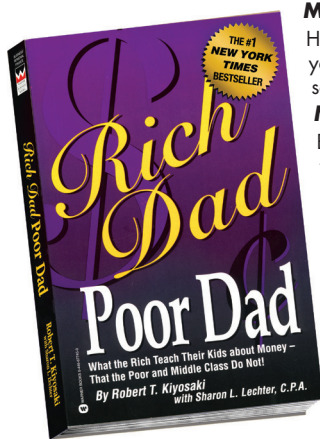
Lighting is one of the best and easiest ways to decorate your home for the holidays. Both the interior and exterior features of your home can be highlighted using these tips:

- Direct coloured flood lights at the exterior of your home and this will give it definition. Also, be sure to capture some of the sparkle in the snow.
- Hang outdoor-rated strings of LED lights to highlight roof peaks and windows.
- Use LED Stake lights to outline walkways or in vases or urns to enhance greenery.
- Replace interior lights with Philips 13 watt coloured compact fluorescent bulbs or 1 watt LED coloured bulbs to enhance your holiday theme and entertaining.
- Hang LED battery operated snowflakes on dry indoor surfaces, such as your windows, for an effect seen both inside and outside your home.

NEWS CANADA

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Robert Kiyosaki does not participate in this event.



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Eagles and Bengals play to NFL's first tie in six years

Cincinnati's Shayne Graham missed a 47-yard field goal with seven seconds left in overtime to ensure the NFL's first tie since Nov. 10, 2002. Eagles QB Donovan McNabb fumbled and threw three interceptions in the game. **METRO NEWS SERVICES**

15

Sports



Manning throws for 320 yards

Peyton Manning led the Indianapolis Colts on four straight scoring drives in the second half, wiping out two Houston leads and giving the Colts a 33-27 victory yesterday. It was the third straight win for Indy, who find themselves back in the mix for an AFC wild card spot.

METRO NEWS SERVICES

SPORTS@METRONews.CA

Long time coming for Stamps

Calgary confident going into first Grey Cup appearance in seven years

DAN TOTH
for Metro Calgary



Simple math dictates winning the Grey Cup shouldn't be too difficult. Six of the eight teams in the Canadian Football League qualify for the playoffs while finishing first in your division leaves you just one win from a berth in the big game.

Despite this the Calgary Stampeders have seemingly been to hell and back since their last trip to the championship in 2001. On Saturday they finally overcame those demons, punching their tickets to the Grey Cup again in a 22-18 win over B.C. Lions in the West Final. "You can't even describe how hard it is," beamed offensive lineman Jeff Pilon,

the only current Stampeders player remaining from the championship squad of seven years ago.

"You fight through adversity all season, you play hard all year just to get into this one-game season.

"There were a couple of years there where the wins were pretty thin.

"We were 4-14 (in 2004, one of three straight seasons without a playoff appearance) and there were some pretty hard seasons there for a while. But we've got a great coaching staff now and a great head coach and he put together unbelievable players like this. It's a great feeling."

The Stampeders scored a touchdown on a 22-yard Henry Burris strike to Ken-Yon Rambo late in the first half while Burris also scored on a one-yard TD run in the



Mike Labinjo sacks Lions quarterback Buck Pierce during the second half of the Western final on Saturday.

fourth quarter, earning Calgary a 22-15 lead. Meanwhile, the Stamps defence was sensational, holding the Lions out of the end-zone with three determined goal-line stands that whipped into a frenzy the 35,650 fans

at sold-out McMahon Stadium.

Next Sunday the Stamps will face the Alouettes in the Grey Cup championship in Montreal's Olympic Stadium, the site of Calgary's last title win in 2001.

"The playoffs are a true reflection of what your team is all about," said Burris, who completed 17 of 27 passes for 236 yards.

"This team has a lot of heart. To get to the Grey Cup in Montreal and play in the Big O ... we've talked about this from Day 1 in training camp, for our guys to go out there and do all the little things. Our defence kept us in the game ... it shows us that our team is coming together and doing the little things that it takes to be champions."

Stampeders defensive lineman Mike Labinjo led the unit with eight tackles, three quarterback sacks and a key forced fumble.

"As a unit we're probably the best in the league and to win this game we had to be the more dominant d-line," Labinjo said.

Dinos humbled, Laval on to Vanier

CIS FOOTBALL The No. 1 team in Canadian University football, the Laval Rouge et Or, easily beat the No. 6 Calgary Dinos 59-10 in the Uteck Bowl yesterday. Laval will now meet the No. 3 Western Mustangs in the Vanier Cup next Saturday in Hamilton, Ont. Western defeated the Saint Mary's Huskies 28-12 in the Mitchell Bowl.

METRO NEWS SERVICES

Sports in brief

SPEED SKATING Christine Nesbitt and Kristina Groves proved to be a powerhouse duo at yesterday's World Cup speedskating meet in the Netherlands. Nesbitt won the 1,000 m final in one minute 16.18 seconds. That was 0.58 seconds ahead of Ottawa's Groves, who also clinched the 1500 on Saturday. Nesbitt, a London, Ont., native also collected a bronze in the 1500.

NHL Darryl Sydor is going back for a third stint with the Dallas Stars. The Stars acquired the defenceman yesterday from the Pens in exchange for blue liner Philippe Boucher.

F1 The 2009 Canadian Grand Prix is officially cancelled after last-ditch government attempts to save the Montreal race failed yesterday. The event drew an estimated \$100 million per year in revenues and economic spinoffs to the city. **METRO NEWS SERVICES**

SCOREBOARD

NHL

YESTERDAY'S RESULTS

Carolina 3 Tampa Bay 2 (SO)
Montreal 3 St. Louis 2 (SO)
Philadelphia 4 Atlanta 3
San Jose 6 Chicago 5
Los Angeles at Anaheim

TONIGHT'S GAMES

Ottawa at N.Y. Rangers
Boston at Toronto
Vancouver at N.Y. Islanders
Edmonton at Detroit
San Jose at Nashville

Romo returns, leads Cowboys over 'Skins

NFL ROUNDUP**Cowboys 14, Redskins 10**

Tony Romo returned after a three-game absence and hit Martellus Bennett with a 25-yard, fourth-quarter touchdown that proved to be the game-winner, as the Dallas Cowboys pulled out a critical 14-10 win over NFC East rival Washington.

Romo, playing with a heavy bandage over a broken pinkie on his throwing hand suffered October 12 against the Cardinals, did enough to win in his return to the lineup, throwing for



Tony Romo throws with his pinkie finger wrapped during Dallas' 14-10 win last night.

188 yards with two interceptions on 18-of-26 passes for Dallas (6-4), which dropped

two of three without its star signal-caller. Marion Barber rushed for a TD and was effective in running out the clock in the fourth quarter, finishing with 75 yards on 14 carries. Terrell Owens had five catches for a team-high 38 yards in the win.

TITANS 24, JAGUARS 14

Kerry Collins and Justin Gage connected on a pair of long touchdowns, including a back-breaking, fourth-quarter toss as Tennessee shook off an 11-point half-time deficit to move to 10-0 for the first time in franchise history with its 24-14 triumph over Jacksonville.

The Titans rushing attack took a back seat to Collins for the second straight week as the veteran completed 13-of-23 passes for 230 yards with 56 and 38-yard TD passes to Gage, who finished with 147 yards receiving on four grabs.

STEELERS 11, CHARGERS 10

Jeff Reed's 32-yard field goal with 11 seconds remaining gave the Pittsburgh Steelers a narrow 11-10 victory over the San Diego Chargers at a snowy and blustery Heinz Field.

Down 10-8 with 6:41 to play, Pittsburgh marched 73 yards downfield. Ben Roeth-

lisberger converted a key 3rd-and-6 from the San Diego 41 with a seven-yard completion to Hines Ward, and Santonio Holmes caught a 13-yard pass the play after.

The team ran down the rest of the clock to set up Reed's field goal at the end.

Elsewhere in the NFL it was: N.Y. Giants 30, Baltimore 10; Green Bay 37, Bears 3; Denver 24, Atlanta 20; New Orleans 30, Kansas City 20; Miami 17, Oakland 15; Tampa Bay 19, Minnesota 13; Carolina 31, Detroit 22; San Francisco 35, St. Louis 16; and Arizona 26, Seattle 20. **METRO NEWS SERVICES**

An **EXCLUSIVE** interview with

Marianne Pearl

— The journalist portrayed by Angelina Jolie in the hit movie "A Mighty Heart"

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cbc.ca/thehour

TONIGHT at 11

The Confederation of University Faculty Associations of B.C. is urging the provincial government to rescind special legislation passed three years ago to give World Trade University degree-granting status. **METRO NEWS SERVICES**

Workology

EDITOR: DOUGLAS DUNLOP, DOUGLAS.DUNLOP@METRONEWS.CA



Veggie friendly

Sixteen Canadian universities have been nominated in petaz's annual Most Vegetarian-Friendly Colleges competition. The schools will compete in four rounds of voting before reaching the finals. **METRO NEWS SERVICES**

Here thar be monsters

ROBYN YOUNG
for Metro Canada



Who wouldn't want a plush, green monster named Colin who divides his time between playing video games and fretting over the future?

That's what friends Adam Dunn, 31, Bliss Man, 28, and Rhya Tamasauskas, 30, were betting on when they started up their company the Monster Factory five years ago.

They began with a love of monsters, a vision, and six squishy little prototypes.

Now, 85 monsters later, they're in the midst of developing a business plan to outsource manufacturing to China, where a friend will oversee production, in order to increase sales and start making a profit.

It all began with Dunn who was attending the Ontario College of Art and Design film school and formed a production company that he called Monster Factory. Just for fun, he decided to try making some plush monster mascots and called on his friend Man, a fashion school student, to help with



Rhya Tamasauskas, left, Bliss Man and Adam Dunn show off their monster creations.

design.

Tamasauskas, a fellow art student and friend of Dunn's, had an interest in monsters and soft sculpture and joined the pair.

Their first ever "family" of critters was born in 2003 and dozens of them sold at Toronto's One of a Kind Craft Show that year.

"We were cleaned out and we didn't sleep for 11 days," said Man. "That's when we knew we had something really special."

Each year the "partners" — which is how they like to

refer to themselves — have dreamt up 16 new monsters to add to their collection.

They sell their quirky creations directly from their studio, online at monsterfactory.net and at toy exhibitions around the world.

The most challenging part of the job, they all agreed, is coming up with new characters every year but they have a process.

Someone comes up with an idea, all three develop the design of their new friend, and when the prototype is complete, they de-

ing despite the fact, they said, marketing always comes last on the list of priorities.

The three are so focused on creating their little friends, they almost forget about the business side of things.

"But we're getting better," Tamasauskas said, proudly pointing out they recently sent out an e-mail invite for a studio sale two weeks before the event.

cide on a name and give the monster a personality.

Gordon, for instance, is a burly green guy covered in facial hair who, incidentally, loves to play tennis.

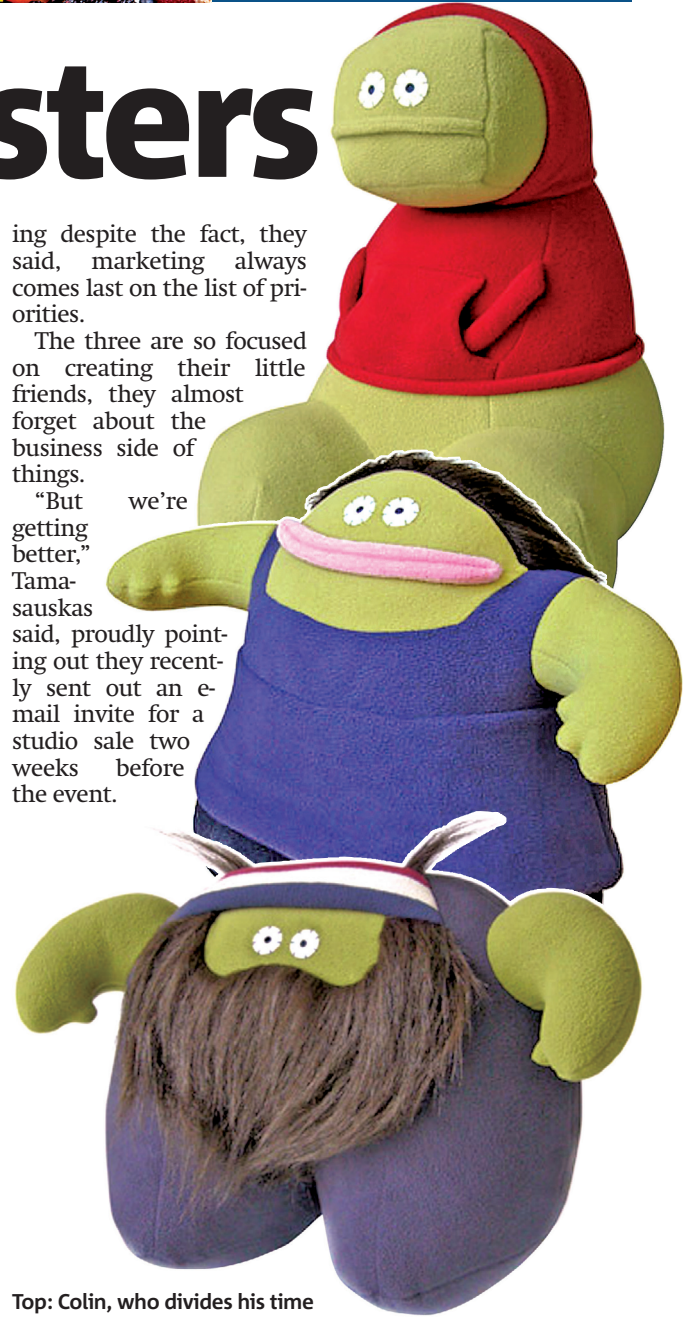
"For someone his size, Gordon is surprisingly nimble on the tennis court," reads his online description.

His wife, Sally, on the other hand, just as burly but not quite as active, has taken up meditation in order to curb her constant fidgeting.

"The three of us all have really big imaginations," said Tamasauskas.

The stuffed toys are becoming more and more popular in Europe and Asia; and in Canada the Monster Factory has its own dedicated fan base that keeps it go-

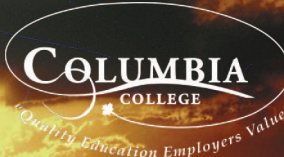
Top: Colin, who divides his time between playing video games and fretting about his future. Middle: Sally, who in an effort to curb her constant fidgeting has taken up meditation ... BOR-ING. Bottom: Gordon, who for someone his size is surprisingly nimble on the tennis court.



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Managing your investments in today's spiralling economy

MONEY At a time of economic instability, we all wonder what we can do to protect our savings and pension funds. "The need to act when there's a problem is only natural," says Tom Hamza of Investor Education Fund. "But sudden action will lock in your losses."

Here are the top five things you can do for your investments:

Selling at the bottom of the market is the wrong thing to do. If you are tempted, consult a professional for a second opinion.

While your investments may have dropped at the

moment, remember that your money will most likely grow over time. Think of your investments in terms of decades rather than months.

You're best positioned to weather an economic storm with a well-balanced portfolio — a combination of investments that together maximize growth while limiting risk. If the funds you have are all similar, you may not have the diversification you need and you should talk to your advisor or seek a second opinion.

Now is an important time for a gut check. If you thought you could handle

risk but you're having difficulty dealing with a downturn, consider gradually changing your portfolio to reflect your risk tolerance.

Find out how your portfolio is doing. "While your advisor might simply suggest staying the course, a quick conversation may be reassuring," says Hamza. "If you're a do-it-yourself investor, now might be a good time to get an opinion from a professional advisor."

Learn more at investorED.ca, an independent website to help people make informed decisions about investments.

NEWS CANADA

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Trailer Technicians – Alberta & Ontario

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This job becomes a family affair

If you think adoption is a straightforward process, talk to Sandra Webb. She's helped couples become parents

through Children's Aid and private and international adoptions for the last 13 years.

Back in 1997, the now

56-year-old from Cobourg, Ont., drove with a Quebec couple for eight hours through a cold Russian winter day to meet their child in the hallway of an orphanage. She joined them the next day in court where they legally adopted the baby.

Yes, that was a little unusual. But it's her job to prepare prospective parents for the unexpected and the trying, as well as the wonderful.

As an adoption practitioner, she doesn't normally trip around the globe — although she did go to Russia twice — but spends her time talking with prospective parents as part of the home study portion of an adoption.

Once a couple's (or single person's, if that's the case) paperwork is in order — police checks, fingerprint checks and medicals — and once they've completed a special adoption training course, she evaluates them as possible parents. She meets with them at least four times (one interview is always in their home) and collects reference letters



Adoption practitioners help families take children out of orphanages and put them into loving homes.

OddJobs

Diane Peters



racial background.

Does she ever "fail" families? "If it was a decision not to adopt, we've made that choice together," she says. That's only happened once or twice.

After a child has been adopted, she also does followup visits according to the type of adoption (with China, for instance, the final one is 36 months after adoption).

Webb had a degree in child studies from the University of Guelph when she moved to Cobourg to get married in the early 1970s. She got a job at the Children's Aid Society there, as an intake worker. She eventually started doing some work there with

adoptions of crown wards, and loved it.

In 1995, after working on and off for Children's Aid, as well as doing some work in private adoption, she officially went into private practice as an adoption practitioner.

She does this half the time and the other half she offers therapy, mainly for families who have adopted and who are struggling. She gets to see it all: the frustration of waiting for a child, the joy of having one finally arrive, plus the challenge of building a brand new family.

Diane Peters once hawked magic pens at the Canadian National Exhibition. She's now a writer and part-time journalism instructor.

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Original Bond girl Ursula Andress has beat out competition from Halle Berry and Kim Basinger to be named 007's sexiest siren, according to a new online poll by Moviefone.com. **IMDB.COM**

Entertainment

EDITOR: TINA COSTANZA, TINA.COSTANZA@METRONEWS.CA

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METRO WORLD NEWS

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Usage	Small application must be downloaded.	Last.fm player application must be downloaded	Web based.
Cost	Free with ads (currently only available on invitation) Otherwise \$15 per month for unlimited listening.	Free, or subscribe for \$3 US per month.	Free, registration required to play many full length tracks.
Number of songs	Seems to be unlimited.	More than 3.5 million individual audio tracks.	Unknown.
Comment	Simple itunes-like interface with good streaming. Free version is not open for all.	Builds profile of based on what you play. Grade, comment and share playlists.	Users can create, recommend and discover music, film/video and art.

Also video

GUEST EDITOR JAMES BLUNT

Music a mouse click away

The digital revolution has brought record stores into our homes, and it's a great thing. Sure, illegal file-sharing between friends and illegal downloading has decimated the music industry, and as such new bands are finding it harder to get investment to get them into recording studios, but as time goes on, there are an increasing number of easy to use, value for money, online music retailers. iTunes was at the forefront of the industry, but healthy competition is on its way, and hopefully, the music industry will find its feet again.



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lunch menu **Licensed:** Yes

LunchRush

Blaine Schlechter

blaine.schlechter@metronews.ca

The next hot spot. That's how I would describe Olives Restaurant. Olives can be found in the heart of the Stampede Park renaissance; and though not yet a popular destination for daily visitors, this area is on the verge of busyness. The Casino is open and the residential high rise condos are not far behind. Olives is ready for the influx.



Truffle Parsnip and Mascarpone Raviolis Asparagus in a Wild Mushroom Cream Sauce (\$21).

The restaurant itself could best be described as big city chic. Modern artwork, upbeat music and large open kitchen enhance the big city feel of Olives. True to trendy restaurants, the menu itself is limited in options and the portions are small. But, as I was hoping, the meal was full of flavor. I sampled the Truffle Parsnip and Mascarpone

Raviolis Asparagus in a Wild Mushroom Cream Sauce (\$21) and it verified my thoughts: Very tasty.

Olives wasn't busy during my lunch visit, but given some time, this will be the place to be. I'm not just talking for lunch but before and after any Saddledome event or even just a swanky night out. While the restaurant itself would be great for important business lunches, it offers something for all occasions with the addition of Olives To Go, a deli adjacent to the restaurant. This bonus offers a selection of tasty eat in or take out meals. With the restaurant and deli combination, Olives is a place that can be enjoyed for any type of lunch occasion you may find yourself in.

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Pappas co-hosts Get Married

The Bachelorette DeAnna Pappas — who recently called off her engagement to show winner Jesse Csincsak — will be co-hosting Lifetime network's Get Married. The second season premieres Jan. 5. **PEOPLE.COM**

entertainment **21**

Finding humour in Obama

Intelle**Vision**

NOT FUNNY: On the night after John F. Kennedy was assassinated, Lenny Bruce was apparently appearing in a New York nightclub, and decided to see if it was too soon to get comic traction out of the event. After delivering a gag whose details are unfortunately lost to history, he paused to take in the stony silence, then told the audience that JFK impressionist "Vaughn Meader is screwed!"

I hadn't thought about Vaughn Meader for years until I read a Washington Post column last week by Eugene Robinson, where the writer commented on Don Rickles' recent appearance on David Letterman that featured a similar stony silence in response to Rickles' shot at president-elect Barack Obama, a halting but not particularly vicious gag involving world crises and basketball.

Robinson noted what's been obvious for months now — that there hasn't been a lot of humour directed at Obama. Robinson takes the optimistic line, that Americans are still making the "cultural attitude adjustments" necessary to absorbing the idea of an African-American president, and treating him with the same lack of deference as every other White House resident in history.

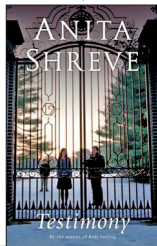
Right now, Obama is revered but unknown, a symbol more than a man, and Robinson thinks it's a pity. He doesn't think Rickles was being racist — Obama's love of basketball is well-known, but right now audiences are quick to take preemptive offense.

"Eventually, some comic will come up with a spot-on Obama impression, the way Vaughn Meader did with JFK," Robinson writes. "Eventually, audiences will revert to irreverence."

I'd like to hope he's right, because if he's not, it's going to be a dull and dismal four years.

Rick McGinnis writes about music, movies, books and television, but not opera.

Sex, lies and Testimony

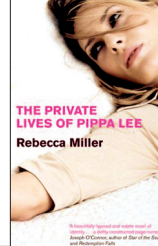
**Testimony**

Author: Anita Shreve

Publisher: Little, Brown and Company

Price: \$28.99 (Hardcover)

In *Testimony*, Oprah's Book Club alumnus Anita Shreve explores how the actions contained on one videotape can change the lives of every person invested in it. When Mike Bordwin, headmaster at New England's Avery Academy, receives a videotape depicting underage sex, he is challenged to properly handle the issue and discover its origin. Through his accounts and those of nearly 20 others involved in the case, a greater picture begins to unfold. Each chapter extends on one character's personal testimonial, unearthing more and more about the emotionally charged video and its consequences.

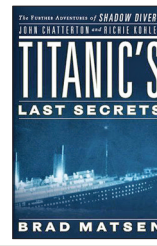
**The Private Lives of Pippa Lee**

Author: Rebecca Miller

Publisher: HarperCollins

Price: \$16.50 (Paperback)

Filmmaker, actress and author Rebecca Miller writes about the inevitable downside to stability in her new novel, *The Private Lives of Pippa Lee*. At 50-years-old, the title character, whose youth can be considered little less than tempestuous, has just got used to her simple, suburban lifestyle. When her 80-year-old husband suggests moving to a nursing home to spend his final days, the thought of another drastic life change prompts Pippa to recall her rocky past. The film version will be due out next year.

**Titanic's Last Secrets**

Author: Brad Matsen

Publisher: Twelve

Price: \$30.99 (Hardcover)

Brad Matsen retells the titanic journey taken by John Chatterton and Richie Kohler, who previously detailed the duo's underwater U-Boat discovery in *Shadow Divers*. Now, the pair is headed for the motherload — the Titanic. Chatterton and Kohler investigate the ship that sank in 1912 to discover why "The Unsinkable" sank so fast. The book traces the Titanic back to its original construction and eventual destruction, detailing structural errors that contributed to the ship's demise. The team uses exploration with research to reveal the fated ship's 'last secrets'.

BRIAN COULTON/
FOR METRO CANADA

Box office

Estimated ticket sales for Friday through Sunday at U.S. and Canadian theatres, according to studios:

- 1 Quantum of Solace:** \$70.4 million US
- 2 Madagascar: Escape 2 Africa:** \$36.1million
- 3 Role Models:** \$11.7 million
- 4 High School Musical 3: Senior Year:** \$5.9 million
- 5 Changeling:** \$4.2 million
- 6 Zack and Miri Make a Porno:** \$3.2 million
- 7 Soul Men:** \$2.43 million
- 8 The Secret Life of Bees:** \$2.4 million
- 9 Saw V:** \$1.8 million
- 10 The Haunting of Molly Hartley:** \$1.6 million

REUTERS

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See complete online movie listings, trailers, reviews and purchase tickets at metronews.ca/movies

Vote for your favourite photo in the Metro Global Photo Challenge at metronews.ca/photochallenge until Nov. 23. The winner will receive a Nikon D700 DSLR & Nikon 24-70mm F2.8 zoom lens.



on PC products
in-store

see back page

critics' corner

Dance, Dance, Whoever You May Be
Irish dancing, which attracted worldwide attention with the popularity of "Riverdance" and "Lord of the Dance," is spotlighted in this special, which takes its title from a line in the song "Lord of the Dance." It follows five young dancers preparing to show their steps in a national competition, while touching on the history. 8 PM on BRAVO



CSI: Miami
Can you believe this show is celebrating 150 episodes this week? It seems like just yesterday that sunscreen was the least of people's problems when Horatio Caine (David Caruso) showed up. But this week, the team races the clock to find a baby kidnapped by a killer in hopes of keeping the child from becoming the next victim. 8 PM on CFCN KREM

Chuck
Chuck and Jill (Zachary Levi, Jordana Brewster) are forced to cancel their plans for a weekend getaway when Casey and Sarah (Adam Baldwin, Yvonne Strahovski) tell Chuck he's needed for a mission to find corrupt agents within the CIA. Complicating matters, Jill gets jealous when she learns that Chuck and Sarah must pose as a couple. 9 PM on CKAL KHQ

CA	Vu SC	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
11/17/08	267 351 - ACCESS	Help TV		The Mentalist (HDTV) (N)		Sarah Connor Chronicles		Two/Half Men	Samantha Who	Help TV
	243 317 3 CFCN	etalk	Hollywood	CSI: Miami (HDTV) (N)		Dancing With the Stars		Corner Gas (N)		News (N)
	- - 4 BROAD	(4) Broadcast News News.		Broadcast News News.						
	- 371 5 KXLY	4 News at 6	4 News at 6:30	Entertainment	The Insider (N)	Dancing With the Stars (HDTV)		Samantha Who		Boston Legal
	245 306 6 CBRT	Coronation St.	Jeopardy! (N)	The Mama Mia Story (N)		The Border "The Sweep"		CBC News: The National		The Hour
	244 338 7 CICT	ET Canada	Entertainment	Prison Break (N)		My Own Worst Enemy		Heroes "It's Coming" (N)		News Hour
	246 - 8 CKAL	Law & Order: SVU		Celebrity Fit Club		Chuck (HDTV) (N)		Curb-Enthsm	Less-Kind	Your City
	119 705 9 CBXFT	Virginie (SC)	La Petite vie	L'Auberge du chien noir (SC)		Hauts		Le Téléjournal (N) (SC)		TJ Alberta
	- - 10 SHAW	(6) Local Programming						Local Programming		
	- 372 12 KREM	News (N)	Hollywood	The Doctors		Big Bang Th	How I Met	Two/Half Men	Worst Week	CSI: Miami (N)
news	- 374 14 KSPS	NewsHour With Jim Lehrer		Jack Benny	'Allo, 'Allo	Antiques Roadshow		American Experience (HDTV) (DVS)		
	502 390 15 CBC	CBC News: The National		The Mama Mia Story (N)		CBC News: The National		CBC News: The National		Mama Mia
	- 370 16 KHQ	News (N)	Be-Millionaire	Jeopardy! (N)	Wheel-Fortune	Chuck (HDTV) (N)		Heroes "It's Coming" (N)		Worst Enemy
	- 373 22 KAYU	The Simpsons	The Simpsons	Two/Half Men	Two/Half Men	Sarah Connor Chronicles		Prison Break (N)		News (N)
	297 652 37 WPX	One Tree Hill (HDTV) (N)		CW11 News at Ten (N)		Two/Half Men	Friends	Sex and-City	Will & Grace	According-Jim
	500 500 29 CNN	Larry King Live		Anderson Cooper 360 (HDTV)				Larry King Live		Cooper 360
	508 502 31 CNN2	Lou Dobbs Tonight		Nancy Grace		Showbiz Tonight		Lou Dobbs Tonight		Nancy Grace
	400 400 21 TSN	(6:30) NFL Football Cleveland Browns at Buffalo Bills. (HDTV) (Live)					SportsCentre		Boxing: Andrade vs. Bute	
	408 418 27 net	NHL Hockey		Sportsnet Con.	Simply	Hockey Central	Flames Week	Sportsnet Connected (Live)		Hockey
	410 403 30SCORE	(7:15) WWE Monday Night Raw				(9:15) Score Tonight		WWE Monday Night Raw		
sports	411 457 44 OLN	Mantracker		Departures		Pilot Guides		Don't Forget Your Passport		The Academy
	417 406 48 SPEED	My Classic Car	My Classic Car	Barrett-Jackson		Pinks (HDTV)	Pass Time	This Week in NASCAR		My Classic Car
	552 543 20 YTV	Drake & Josh	iCarly	Malcolm-Mid.	Home Improve.	Malcolm-Mid.	Fresh Prince	Futurama	Prank Patrol	Mystery Hnt.
	557 541 39 FAM	Zoe 101	Life Derek	Wizards-Place	That's-Raven	Zack & Cody	Natural-Sadie	Han. Montana	Life Derek	Ned's School
	555 545 67 TOON	16teen (DVS)	Total Drama	George-Jungle	Bugs Bunny & Tweety Show	Wayside		Johnny Test	Futurama	American Dad
	575 583 11 CMT	Reba	Reba	Hope & Faith	Hope & Faith	Gone, Reunion	Tara Diaries	Home Improve.	Home Improve.	Reba
	553 546 17 TREE	Little Bear	Miss Spider	Comfy Couch	Rolie Polie Olie	Beren, Bears	Babar	Backyardigans	Dora-Explorer	Go, Diego, Go!
	- - 18 CHTV	The Insider (N)	E! News	(8:02) Boston Legal		Name Is Earl	How I Met	How I Met	Worst Week	News (N)
	505 398 19 TWN	(5) EarthWatch One		EarthWatch One		EarthWatch Two				
	602 568 23 W	House	Style by Jury	Will & Grace	Friends	How Clean	House	Love It or List It (N)		Real Est
family	521 560 24 TLC	Jon & Kate Plus 8 (N)		Twins, Twins & Sextuplets (N)		Little People	Little People	Jon & Kate Plus 8		Twins, Twins
	603 561 25 FOOD	Good Eats	Ace of Cakes	Kitchen Nightmares		Restaurant Makeover		Challenge		Good Eats
	615 520 26 A&E	Intervention "Phillip"		The First 48		The First 48 (HDTV)		Intervention "Allison"		Intervention
	617 522 32 SHOW	Prime Suspect-Last Witness		Love-Death	Love-Death	Painkiller Jane		Kenny-Spenny	Rent-A-Goalie	Name Is Earl
	601 562 33 SLICE	Beautiful	Party Mamas	Project Runway "Nature Calls"		Til Debt-Part	Newlywed	Beautiful	Party Mamas	Runway
	- 633 34 ENC2	Bride-Chucky	(7:25) Death Weekend * (1977, Suspense)			House on Haunted Hill (1958)		(10:15) House on Haunted Hill * (1999)		
	520 505 35 DISC	Dirty Jobs		Canada's Worst Driver		Daily Planet		Dirty Jobs		Worst Driver
	620 523 36 BRAVO	When Moses Woke		Whoever You May Be		Law & Order "Gunshow"		Without a Trace		Winchell
	294 650 40 WPCH	Night-Roxbury	Steve Harvey	Family Guy	Family Guy	Seinfeld	(9:45) A Night at the Roxbury * (1998, Comedy)			
	626 547 41 COM	Laughs	Comedy Now	Air Farce	Just for Laughs			Corner Gas	The Simpsons	South Park
cable variety	- 539 42 TCM	Pay. Deferred	The Hunchback of Notre Dame (1939, Drama) (DVS)			The Old Dark House (1932)		The Canterville Ghost		
	628 584 43 SPIKE	CSI: NY "Stuck on You"		CSI: NY "Fare Game"		CSI: Crime Scene		CSI: NY "Cool Hunter"		CSI: NY
	522 516 45 HIST	Underworld Histories		NCIS "Blackwater"		Battle 360		Underworld Histories		NCIS
	627 528 46 SPACE	Battlestar Galactica		Eureka "Best in Faux"		Stargate SG-1		Lost "The Whole Truth"		Deep Space 9
	- - 47 AMC	(6) Farewell to Arms ** (1957, Romance)				(9:15) Silverado *** (1985, Western)		Kevin Kline, Scott Glenn.		
	619 525 49 TROP	News Show	News Show	TV Made, Do It	Very Bad Men		What Happen?	Make or Break	TV Made, Do It	Planet Soap
	600 564 50 HGTV	Property Virgin	Marriage	Income Prop.	House Hunters	Holmes on Homes		Property Virgin	Marriage	Income Prop.
	501 391 52 CTV	CTV Newsnet		News	CTV Newsnet	News	CTV Newsnet	News	CTV Newsnet	News
	504 508 70 BNN	Squeeze Play		Market Call		Headline	Market Call	Berman's Call	Money Talks	Squeeze Play
	526 507 92 VIVA	The West Wing		Truth, Duty, Valour		Mediums	In Dreams	Judging Amy		Commander
cable variety	269 350 93 APTN	MYTV	The Mix	La Voix Mechif	Metcom	Nedaa: Your Eye on the Yukon		Suaangan	Sharing Circle	Cowboy C'try
	- - 94 MCP	(6:30) News	News	Matchmaker	Mom's-Upset	It Will Be Difficult to Love		Marimar		Pinoy-Entertain
	571 581 100 MMM	Coolio's Rules		Parental Advis.	Revival	Party of Five		Parental Advis.	Revival	Party of Five
	570 580 101 MM	50 Cent: Money and Power		MuchNews	The NewMusic	MuchVibe		You Can Dance		Dance
	581 566 102 MTV	Spoilers	The Hills	The Hills	After Show	MTV Live	MTV News	Man and Wife	The Hills	The Hills



Bear Grylls expecting a new cub
Man vs. Wild star Bear Grylls and his wife Shara are expecting their third son. The baby is due in January and the couple is considering the name Huckleberry for their new addition. **PEOPLE.COM**

Celebrity Buzz

Activists flour Lohan

CONTROVERSY Lindsay Lohan's trip to France turned sour early on Saturday



morning when she was showered with flour at a Paris club, imdb.com reports.

An anti-fur activist covered the actress with flour as she was partying with friends on the city's famous Champs-Élysées.

"Lindsay Lohan — fur hag!" he yelled, as the actress stood fuming after the attack.

"Lindsay was mortified and then furious," a bystander says. "She's in Paris supporting her girlfriend, DJ Samantha Ronson, and I think she was planning a flour-free weekend."

It's believed the flour thrower was connected to animal rights group People For The Ethical

Treatment of Animals (PETA), which has attacked Lohan in recent days for wearing fur coats.

"She was named on PETA's annual Worst Dressed List earlier this year," a statement from PETA reads.

PETA Europe's Robbie LeBlanc has applauded the flour attack on Lohan, stating, "There is nothing remotely fashionable about the torture and death of animals killed for fur."

"Lindsay Lohan might be able to ignore images of bloody animals skinned alive for their pelts, but we hope a dash of flour will help her rise to the occasion and forsake fur once and for all."

A spokesperson for Lohan was unavailable for comment.

METRO NEWS SERVICES

No body doubles for Winslet

HEALTH Kate Winslet doesn't use a body double in her movies and disputes weight-loss claims. What's her secret?

"My mantra is 'keep it simple,'" the actress tells the U.K.'s Daily Mail in a new interview, revealing that she cooks at home and she eats anything except pasta — "it gives me a

stomach ache." She also exercises with Pilates, People.com reports.

"I have a mat and little hand weights and I do a stomach thing and a bum thing," she says of practising to a DVD "on the living room carpet."

METRO NEWS SERVICES



Theron named a Messenger of Peace

APPOINTMENT Charlize Theron has been named a United Nations Messenger Of Peace for her work towards ending violence against women, imdb.com reports.

The actress was awarded the title on Friday, joining the ranks of fellow actors George Clooney, Michael Douglas and musician Yo-Yo Ma. U.N. Secretary-General Ban Ki-moon bestowed the honour on Theron.

"You have used your voice, compassion and special relationship with the public to create a better world," Ki-moon said.

Celebrities chosen as messengers of peace are asked to promote U.N. activities and ideals through public appearances and media contacts.

METRO NEWS SERVICES



Matenopoulos' husband files for divorce

SPLIT TV personality Debbie Matenopoulos says she is hurt — and surprised — by her husband's divorce filing, which she learned about from Internet reports, People.com reports.

"I am extremely saddened by the dissolution of my seven-year relationship with my husband," the host of E!'s Daily 10 told People.

Jay Faires, a music executive, filed for divorce, citing irreconcilable differences, according to Los Angeles court papers filed Wednesday.

Faires, who wed Matenopoulos, 33, in July 2003 and separated from her in March 2008, is requesting that the court not award Matenopoulos spousal support.

Matenopoulos, is a two-time Emmy nominee and former co-host of The View.

METRO NEWS SERVICES



Beyoncé was in 'no rush'

MARRIAGE Beyoncé, who has always been tight-lipped about her marriage to Jay-Z, is finally giving some insight into her thoughts about tying the knot, People.com reports.

"I was 18 when we first met, 19 when we first started dating. There was no rush," the singer tells Seventeen in its December/January issue, due out Tuesday. "I really don't believe that you will love the same thing

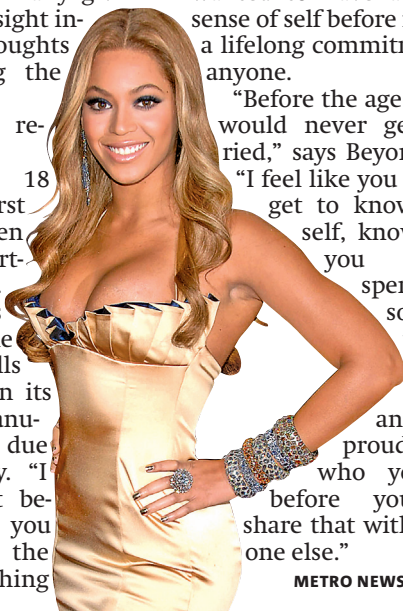
when you're 20 as you do at 30."

The singer says she wanted to have a strong sense of self before making a lifelong commitment to anyone.

"Before the age of 25, I would never get married," says Beyoncé, 27.

"I feel like you have to get to know yourself, know what you want, spend some time by yourself, and be proud of who you are before you can share that with someone else."

METRO NEWS SERVICES



Jonas denies he cheated on Swift

RELATIONSHIPS Jonas Brothers star Joe Jonas has denied cheating on ex-girlfriend Taylor Swift, attributing the breakup to "a change of heart," imdb.com reports.

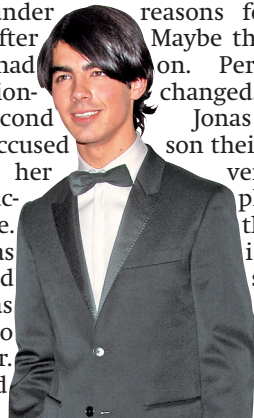
Jonas came under fire recently after Swift revealed he had ended their relationship in a 27-second phone call and accused him of dumping her for 10,000 BC actress Camille Belle. But the singer has now hit back, and is adamant he was never unfaithful to the country singer.

"I never cheated

on a girlfriend," he writes on the band's official blog. "It might make someone feel better to assume or imply I have been unfaithful but it is simply not true. Maybe there were reasons for a breakup. Maybe the heart moved on. Perhaps feelings changed."

Jonas insists the reason their break-up conversation took place in less than 30 seconds is because Swift slammed the phone down on him.

METRO NEWS SERVICES



Vardalos, husband adopt girl

ADOPTION Nia Vardalos, the breakout star of the 2002 hit My Big Fat Greek Wedding, has adopted a child, People.com reports.

The little girl, whose name has not been released, is the first for the 46-year-old actress and her husband, Ian Gomez, E! Online reports. The couple adopted the toddler, who is less than five years old, several months

ago. "They are going public now to bring attention to National Adoption Month and the 500,000 children in foster care," according to a statement from Vardalos' rep. "Of these children, 129,000 are 'legally free' for adoption and waiting for a family."

METRO NEWS SERVICES

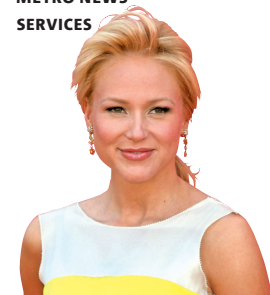


Jewel eager to start family

PEOPLE Singer Jewel is eager to start a family now that she's a married woman, femalefirst.co.uk reports. The newlywed has revealed she plans to conclude her tour commitments and then start preparing for parenthood with her husband Ty Murray.

"We want to start a family. I hope to tour next year and start a family," Jewel says. The couple married in August.

METRO NEWS SERVICES



Sigler glad she didn't have kids

PEOPLE Former Sopranos star Jamie-Lynn Sigler is "glad" she didn't have children with her ex-husband, as she was too young and "misguided" to start a family, imdb.com reports.

The 27-year-old actress married her agent, A.J. Discola, in 2003 but they split just two years later.

And Sigler is happy she didn't follow her initial instinct to have a baby with her former partner.

"(I was) often misguided and misled," she tells New York Post's Page Six magazine. "I didn't know who I was. I was living in an idealistic dream world —

like, 'I have a successful show and this handsome man, and I'm 22 and I'm getting married and may have a baby next year!' But, man, am I glad we didn't have children."

METRO NEWS SERVICES



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Today
Partly cloudy
14 °C / -2 °C

Tuesday
Snow
5 °C / -1 °C

Wednesday
Snow
-1 °C / -7 °C



Andrew Schultz, Weather Specialist – Breakfast Television
 “I get to spread the word on how your day, evening or weekend will shape up with our ever-changing weather here in Alberta.”
WEEKDAYS AT 6 AM



Take Five

1	2	3	4		5	6	7		8	9	10	11
12					13				14			
15					16				17			
18					19				20			
			21			22			23			
24	25	26					27		28		29	30
31				32					33		34	
35			36		37				38			
		39		40		41						
42	43				44		45			46	47	48
49						50				51		
52					53				54			
55					56				57			

Sudoku

HOW TO PLAY: Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

3		4				2		5
	1		4		5		7	
7			9		2			1
		9	5		1	7		
		8	2		6	1		
9			7		8			6
	5		3		9		8	
2		7				3		9

Crossword across

- 1 Donate
5 Floor cleaner
8 Sail support
12 Mideast gulf
13 First lady?
14 Reverberate
15 Approach
16 Quebecois, e.g.
18 Half a pair of winter boots
20 Teeny bit
21 October birthstone
23 Deposit
24 Southwestern saloons
28 Vegan's no-no
31 Lingerie item
- 32 Shy
34 Hot tub
35 Collections
37 Flour receptacle
39 Hostel
41 Con game
42 Sent packing
45 Grassy plains
49 Australia's capital
51 Audition hope
52 Bedouin
53 Where (Lat.)
54 Story
55 Depend (on)
56 Soviet spacecraft
57 Counterfeit

Crossword down

- 1 Group of hoodlums
2 Notion
3 Osso buco ingredient
4 Establish
5 Garage worker
6 Eggs
7 Calligrapher's supply
8 Seance VIP
9 Severe trial
10 Carpet style
11 Coloration quality
17 Rock concert need
19 Skewer
22 Actor Lorenzo
24 Couric's network
25 Exist
26 Countrywide
- 27 "The Jungle" author
29 Gorilla
30 Paving material
33 Rotary phone feature
36 Persnickety
38 Intelligence
40 Born
42 Cicatrix
43 Tortoise's opponent
44 Conga, e.g.
46 Ark builder
47 Earthenware pot
48 Appear
50 Bat stat

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:

M	O	P		A	M	I	D		G	L	E	F
A	G	O		B	O	O	R		L	E	E	R
T	R	U	E	B	L	U	E		O	I	L	Y
T	E	T	R	A	D		S	O	W			
			I	C	Y		S	U	N	T	A	N
S	P	A	C	Y		J	E	T		E	T	A
U	L	N	A		B	U	D		G	R	O	G
B	E	E		P	E	G		D	U	M	P	S
S	A	W	R	E	D		M	I	L			
			U	Z	I		A	R	A	B	L	E
F	E	R	N		Z	A	N	E	G	R	E	Y
O	V	E	N		E	P	I	C		A	G	E
B	E	V	Y		N	E	A	T		G	O	D

3	4	2	9	7	6	8	5	1
7	8	9	5	1	3	6	2	4
1	6	5	8	2	4	3	9	7
4	1	8	2	3	5	9	7	6
2	9	6	1	8	7	4	3	5
5	7	3	4	6	9	1	8	2
6	5	7	3	9	1	2	4	8
8	3	4	6	5	2	7	1	9
9	2	1	7	4	8	5	6	3

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SUDOKU SOLVE TIME:	17-21 min	Smart
Under 13 min	Genius	
13-17 min	Scholar	
	21-25 min	Not bad
	25+ min	Keep practising

Metro Recipe of the Day



Bulgur Wheat and Shrimp Salad

INGREDIENTS:

- 1 1/3 cup (400 mL) bulgur wheat
- 1 small red onion, very thinly sliced
- 1 carrot, coarsely grated
- 1 tomato, diced
- 6 baby corn cobs, sliced into rounds
- 1/2 cucumber, diced
- 7 oz (200 g) shelled cooked shrimp

LIME AND CHILI DRESSING:

- 4 tbsp (60 mL) extra-virgin olive oil
- 2 tbsp (25 mL) lime juice
- 1 garlic clove, crushed
- 1/4 tsp (1 mL) dried chili flakes
- Salt and fresh-ground black pepper

METHOD:

- Put bulgur wheat in a saucepan over medium heat and pour over 2 2/3 cups (650 mL) water. Bring to a boil. Reduce heat and simmer until

bulgur wheat is tender and water is absorbed, about 10 minutes. Tip bulgur wheat onto a flat dish, spread out and leave to cool slightly.

- Combine onion, carrot, tomato, corn, cucumber and shrimp in a large salad bowl. Add cooked bulgur wheat and stir together.
- For dressing, put oil, lime juice, garlic, chili flakes, and salt and pepper to taste in a small bowl. Whisk with a fork until combined. Stir dressing into salad, tossing to coat all ingredients evenly. If not serving immediately, cover and keep in the refrigerator.

SERVES 4

rd.ca

For nutritional information on this and other great recipes, go to rd.ca or check out Key Ingredients in this month's Reader's Digest, on newsstands now!

Horoscopes

ARIES
MARCH 21-APRIL 20
 Closure is found in a restraining relationship. Whimsy is needed to cheer a depressed friend. Ethical actions will bring joy to your home.

LIBRA
SEPT 23-OCT 23
 Cunning friends will use rational analysis. A demure smile gets a response. Conceal your impatience when dealing with an important person.

TAURUS
APRIL 21-MAY 21
 A debate leads to moody tantrums. Prepare for an increased need for privacy. Someone wants to live with you.

SCORPIO
OCT 24-NOV 22
 A romance is impossible today. An authority figure's gestures make a profound impression. Avoid using trickery to get what you want.

GEMINI
MAY 22-JUNE 21
 Apprehension is diminished by excellent news. A sudden reversal causes resentment. An ambitious person needs time alone to plan.

SAGITTARIUS
NOV 23-DEC 21
 Versatility helps to turn a new page in your life. Commotion arises after an angry remark is made. Whispered words tell a tale of uncertainty.

CANCER
JUNE 22-JULY 22
 A habit causes distress for a close friend. Worrying about things will waste precious time. Strange conversations will raise eyebrows.

CAPRICORN
DEC 22-JAN 20
 Someone's misconception leads to alienation. An opinionated person strains your patience. If something's not working, don't try to fix it.

LEO
JULY 23-AUG 23
 You must carve out your own path. There's uncertainty about how others feel. An unusual person is quite attracted to you.

AQUARIUS
JAN 21-FEB 18
 Expect help in a troublesome situation. There's news of a wedding, a birth and an illness. Refuse to bow down to authority.

VIRGO
AUG 24-SEPT 22
 People comment on your blissful preoccupation. Unavoidable delays hamper movements. Be aware of your effect on other people.

PISCES
FEB 19-MARCH 20
 Children's laughter brings you good luck. Clear away the rubble of the past and get on with your life. Flattery will get you nowhere.

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